

Adagio Holistic Therapies, LLC.

Phone: 612-288-0488

**Client Bill of Rights**  
**for**  
**Complimentary and Alternative Health Care**

**Kimberly Hart, Therapist**, is Nationally Certified in Therapeutic Massage and Bodywork. She graduated from Northern Lights School of Massage Therapy in 1994. She carries certificates in CranioSacral Therapy and SomatoEmotional Release from the Upledger Institute of Florida, has level 1 certificate in Reflexology, and is certified in Neuromuscular uses for Herbs. Since 1998 Kimberly has apprenticed with Dr. Rosita Arvigo and is a certified Practitioner and Teacher of the Arvigo Techniques of Maya Abdominal Massage™. Additionally, Kimberly studied, lived and assisted Dr. Arvigo in Belize, Central America in the winter months. Other coursework includes, but is not limited to: herbal studies, infant massage and ethics.

**"The State of Minnesota has not adopted any educational and training standards for unlicensed complimentary and alternative health care practitioners. This statement of credentials is for information purposes only.**

Under Minnesota law, an unlicensed complimentary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis from a licensed physician, chiropractor, or acupuncture practitioner or services from a physician, chiropractor nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncturist, athletic trainer, or any other type of health care provider, the client may seek such services at any time."

- As a client you have the right to file a complaint with Adagio and/or your therapist by simply sending it in writing to our address on this form.
- As a client you also have the right to reasonable notice of changes in our fees. This will be in writing in our newsletter and at our office one calendar month before said change is implemented.
- Our current fees are half-hour \$65, one hour \$105, one and a half-hours \$150, and two hours \$200. These fees are due upon completion of each visit unless otherwise agreed upon. We do not accept insurance, and request that the client seek reimbursement from any insurance company on their own.
- You have the right to current information regarding your treatment here at Adagio, including our assessment and expected duration of treatment given the goals you have expressed. You may expect courteous treatment free from verbal, physical or sexual abuse by practitioner.
- Your records and transactions are confidential, unless release is authorized in writing by you, the client, or otherwise provided by law. You are allowed access to your records as provided for in accordance to section 144.335 of this law.
- Other services may be available and you have the right to choose freely among available practitioners and to change practitioners at any time.
- You may also refuse treatment at any time, unless provided by law
- You may assert your client rights at any time without retaliation.

I have read this Bill of Rights and know that I can receive a copy of it at any time.

Client signature \_\_\_\_\_ date \_\_\_\_\_