

# Adagio Holistic Therapies, LLC

612-288-0488

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## Directions to our new South Minneapolis Location

**2457 Lyndale Ave South  
on the corner of 25<sup>th</sup> and Lyndale**

*All treatments will be held in this new location after November 1, 2008, however all Downtown appointments remain the same.*

**Directions from the South:** 35W north to the 94west exit...follow the exit ramp all the way to the Hennepin/Lyndale exit. Follow Lyndale Avenue SOUTH. We are a few blocks past Franklin Ave (or the Wedge Co-op) On Lyndale Ave. and are on the LEFT side of the street, exactly on the corner of 25<sup>th</sup> and Lyndale. You will see the “Loon Convenience Store” at 25th. Turn Left there onto 25<sup>th</sup> and park anywhere on the street. Enter our space on the 25<sup>th</sup> street side of the building.

**Directions from the East:** Hwy 94 west to the Hennepin/Lyndale Ave exit (just before the Lowery Tunnel) take the Lyndale Ave exit SOUTH . Follow Lyndale Avenue SOUTH. We are a few blocks past Franklin Ave (or the Wedge Co-op) On Lyndale Ave. and are on the LEFT side of the street, exactly on the corner of 25<sup>th</sup> and Lyndale. You will see the “Loon Convenience Store” at 25th. Turn Left there onto 25<sup>th</sup> and park anywhere on the street. Enter our space on the 25<sup>th</sup> street side of the building.

**Directions from the North:** 35W South to 94 West to the Hennepin/Lyndale Ave Exit (just before the Lowery Tunnel) Follow Lyndale Avenue SOUTH. We are a few blocks past Franklin Ave (or the Wedge Co-op) On Lyndale Ave. and are on the LEFT side of the street, exactly on the corner of 25<sup>th</sup> and Lyndale. You will see the “Loon Convenience Store” at 25th. Turn Left there onto 25<sup>th</sup> and park anywhere on the street. Enter our space on the 25<sup>th</sup> street side of the building.

**Directions from the West:** 394 to Dunwoody/Hennepin Ave Exit. At bottom of ramp continue forward to the Hennepin/ Lyndale Ave intersection. Go RIGHT or SOUTH and Follow Lyndale Avenue SOUTH. We are a few blocks past Franklin Ave (or the Wedge Co-op) On Lyndale Ave. and are on the LEFT side of the street, exactly on the corner of 25<sup>th</sup> and Lyndale. You will see the “Loon Convenience Store” at 25th. Turn Left there onto 25<sup>th</sup> and park anywhere on the street. Enter our space on the 25<sup>th</sup> street side of the building.

**Directions from the Northwest:** Hwy 94 East to Hennepin/Lyndale Ave exit. Continue forward or South on Lyndale Ave.... Following Lyndale Avenue SOUTH. We are a few blocks past Franklin Ave (or the Wedge Co-op) On Lyndale Ave. and are on the LEFT side of the street, exactly on the corner of 25<sup>th</sup> and Lyndale. You will see the “Loon Convenience Store” at 25th. Turn Left there onto 25<sup>th</sup> and park anywhere on the street. Enter our space on the 25<sup>th</sup> street side of the building.