

CHANGING PATTERNS

ENHANCING HEALTH

creating vibrant life

ADAGIO HOLISTIC THERAPIES, LLC
2457 Lyndale Avenue South, Minneapolis, MN 55405
612-288-0488 www.adagioholistic.com

Complementary and Alternative Health Care

Client Bill of Rights

Kimberly S. Hart, NCBTMB

Adagio Holistic Therapies, LLC, 2457 Lyndale Avenue South, Minneapolis, MN 55405
Telephone: 612.288.0488

Kimberly S. Hart, NCBTMB, hereafter, “the Practitioner” has received the following education, training, and credentials:

- Massage therapy training from the Northern Lights School of Massage Therapy, 1994
- Certified in CranioSacral Therapy and SomatoEmotional Release from the Upledger Institute of Florida
- Trained Herbalist
- Certificate Level 1 in Reflexology
- Certified in Neuromuscular uses for herbs
- In 1998, apprenticed with Dr. Rosita Arvigo, studying the ancient medicine of the Maya
- Certified Practitioner and Teacher of the Arvigo Techniques of Maya Abdominal Massage
- Other coursework includes, but is not limited to: infant massage and ethics
- Professional Member of the American Massage Therapy Association (AMTA)
- Certified with the National Certification Board for Therapeutic Massage & Bodywork
- Credentialed, Registered Minister

As of July 01, 2001, Minnesota’s Freedom of Access to Complementary Care Law (Statute Chapter 146A) requires that you receive, and acknowledge that you have received by your signature on the back of this page, the following information prior to your treatment.

“THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL OR TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY. Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis from a licensed physician, chiropractor, nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time.”

Complaints - If the Client has a complaint or concern about the care or services they have received, the Client may also contact the Office of Unlicensed Complementary and Alternative Health Care Practice located in the Minnesota Department of Health, PO BOX 64882, St. Paul, MN, 55164-0882. Telephone: 651.201.3728. Fax: 651.201.3839. Website: www.health.state.mn.us and e-mail: richard.hnasko@state.mn.us

FEES, PAYMENT, INSURANCE OF JANUARY 01, 2009

30-minute session is \$65.00
60-minute session is \$105.00
90-minute session is \$150.00
120-minute session is \$200.00

Prices include all applicable taxes. Payment is accepted by cash or check and is to be paid in full at the time of treatment. I do not take insurance. However, you may contact your health care insurer directly to see if they will cover these services and to obtain reimbursement from them, if allowed. I will provide a receipt for purposes of insurance reimbursement and treatment notes as they apply. Kimberly S. Hart and Adagio Holistic Therapies, LLC require 24 hours notice for cancellations.

- **Change of Price** - While changes in session fees can occur, reasonable notice of those changes is provided by session fees being posted in the Practitioner's office, or by the client asking when scheduling the appointment.
- **Theory of Treatment** - The state requires a "plain language" summary of the "theoretical approach used to provide service to clients". The Practitioner utilizes techniques to help clients reduce pain, improve circulation of blood and lymph, and improve range of motion and mobility.
- **Right to Current Information** - Clients have the right to complete and current information concerning the Practitioner's assessment and recommended service that is to be provided, including the expected duration of the service to be provided.
- **Right to Confidentiality** - Client records are confidential and will not be released unless authorized by the client in writing or as otherwise provided for by law.
- **Right to Self Access** - Clients have the right to access their own records, maintained by the Practitioner's office, in accordance with state statute 144.291 to 144.298.
- **Personal Interaction** - Clients have the right to expect courteous treatment, free from verbal, physical, or sexual abuse.
- **Other Treatment Available** - Other alternative therapy services are available to the Client in this same community. These can be located by asking the Practitioner, the provider who referred you to this practitioner, or the following practitioner database: www.amtamassage.org, www.arvigomassage.com, www.herbalistguild.com.
- **Right of Agency** - The Client has the right to choose freely among available practitioners and to change practitioners after services have begun, within the limits of health insurance, medical assistance, or other health programs.
- **Records Transfer** - The Client has the right to coordinated transfer of your records when there will be a change in the provider of services.
- **Right of Refusal** - The Client may refuse services or treatment, unless otherwise provided by law.
- **Right of Non-Retribution** - The Client has the right to assert any and all of the above mentioned rights without retaliation from the Practitioner.

I (please **print** your name) _____ acknowledge by my signature that I have received and understand the Complementary and Alternative Health Care Client Bill of Rights.

Signature _____ Date _____

**CLIENT BILL OF RIGHTS
FOR UNLICENSED MENTAL-HEALTH CARE PRACTITIONERS
SECTION 148B.60 – 148B.71 OF THE CODE OF THE STATE OF MINNESOTA**

Kimberly S. Hart, NCBTMB

Adagio Holistic Therapies, LLC, 2457 Lyndale Avenue South, Minneapolis, MN 55405

Telephone: 612.288.0488, info@adagioholistic.com, www.adagioholistic.com

THE STATE OF MINNESOTA HAS NOT ADOPTED UNIFORM EDUCATIONAL AND TRAINING STANDARDS FOR ALL MENTAL HEALTH PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY.

Kimberly S. Hart, NCBTMB, hereafter, “the Practitioner” has received the following education, training, and credentials:

- Certified Hypnotherapist by the National Guild of Hypnosis
- Certified Coach with Minnesota Institute of Advanced Communications Skills
- Certified - CranioSacral Therapy & SomatoEmotional Release from Upledger Institute of Florida
- Ordained Minister
- Certified in neuromuscular uses for herbs
- Certified Herbalist
- In 1998, apprenticed with Dr. Rosita Arvigo in Maya Medicine and Rainforest herbs
- Certified Practitioner and Teacher of the Arvigo Techniques of Maya Abdominal Massage
- Other coursework includes, but is not limited to: infant massage and ethics
- Professional Member of the American Massage Therapy Association (AMTA)
- Certified with the National Certification Board for Therapeutic Massage & Bodywork
- Diploma with the Northern Lights School of Massage Therapy, 1994

All of the previously mentioned techniques are body-mind-spirit centered as to work with the whole person. Some from our culture, some from others; utilized to facilitate your body’s own innate wisdom for healing and vibrant health.

Complaints – If the Client has a complaint or concern about the care or services they have received, the Client may also contact OCAP (Office of Alternative Practices) at 651.201.3728.

Fees, Payment, Insurance as of December 01, 2008

- 30-minute session is \$65.00 including all taxes
- 60-minute session is \$105.00 including all taxes
- 90-minute session is \$150.00 including all taxes
- 120-minute session is \$200.00 including all taxes

Payment is accepted by cash, check, credit card (VISA/MC). This Practitioner is not on contract with any HMOs, PPOs or any other Insurance Company to provide discounted services. This Practitioner does not accept Medicare, Medical Assistance or general assistance medical care. Adagio Holistic Therapies, LLC does supply a receipt at time of payment with the appropriate CPT codes; thus the clients may submit for reimbursement themselves, if they so desire. Payment in full for services is expected at the time of service, unless otherwise arranged prior to the appointment. Kimberly S. Hart and Adagio Holistic Therapies, LLC require a minimum of 24-hour business day advanced notice for cancellations or you may be charged for the full appointment.

Notice – Clients have the right to complete and current information concerning a practitioner’s assessment and recommended course of treatment, including the expected duration of treatment. Clients may expect courteous treatment and may expect to be free from verbal, physical, or sexual abuse by a practitioner. Client records and transactions with practitioners are confidential, unless release of these records is authorized in writing by the client, or otherwise provided by law. Clients have a right to be allowed access

to records and written information from records, in accordance with Section 144.335 of the Code of the State of Minnesota. Other services may be available in the community, and I can provide some referral information. Clients have the right to choose freely among available practitioners, and to change practitioners after services have begun (within the limits of health insurance, Medical Assistance, or other health programs.) Clients have a right to coordinated transfer when there will be a change in the provider of services. Clients may refuse services or treatment, unless otherwise provided by law. Clients may assert their rights without retaliation.

PLEASE ATTEST THAT YOU HAVE RECEIVED AND UNDERSTOOD THIS INFORMATION.

I (please print your name) _____ acknowledge by my signature that I have received and understand the Client Bill for Rights for Unlicensed Mental Health Care Practitioners.

Signature _____ Date _____